
Region One Resource Directory 2020



24 Hour Crisis Numbers

Children's Village

208-667-1189

Domestic Violence Hotline

208-664-9303

Emergency, Fire, and Police

911

Idaho Poison Control

800-222-1222

North Idaho Crisis Line

208-946-5595

North Idaho Crisis Center

208-625-4884

Coeur d'Alene Police

208-769-2320

Kootenai County Sheriff

208-466-1300

Post Falls Police

208-773-1080

Region One Mobile Mental Health Response

208-769-1406

Table of Contents

| | |
|---|-------|
| Disabilities/Special Needs..... | 1-2 |
| Domestic Violence & Sexual Assault..... | 3-4 |
| Education..... | 4-6 |
| Employment/Temporary Employment..... | 6 |
| Family Services..... | 7-10 |
| Food Banks..... | 11-13 |
| General Assistance..... | 13-15 |
| Healthcare..... | 15-18 |
| Dental..... | 18-19 |
| Housing..... | 19-20 |
| Legal..... | 21 |
| Meal Sites..... | 22-23 |
| Mental Health..... | 24-26 |
| Senior Services..... | 26-30 |
| Senior Meal Sites..... | 30-33 |
| Shelter..... | 33-34 |
| Substance Abuse..... | 34-36 |
| Suicide..... | 37 |
| Transportation..... | 38 |
| Tribal..... | 38-39 |
| Veteran's Services..... | 39-40 |

Disabilities / Special Needs

| | |
|---|------------------------------|
| Ability Works | 208-292-0149 877-439-0149 |
| Adult Protection Services www.dshs.wa.gov | 208-667-3179 |
| Comprehensive Advocacy, Inc. www.icdri.org | 208-882-0962 |
| Developmental Disabilities Program www.healthandwelfare.idaho.gov/ Medical/DevelopmentalDisabilities | 208-769-1515 |
| Disability Action Center www.dacnw.org | 208-664-9896 |
| DS (Down Syndrome) Connections www.dsconnections nw.org | 208-755-5079 |
| Goodwill Industries www.discovergoodwill.com | 208-667-6463 |
| Harmony House Assisted Living www.harmonyhousealf.com | 208-762-3896 |

| | |
|---|--------------|
| Idaho Commission for the Blind www.icbvi.state.id.us | 208-769-7077 |
| New Eyes for the Needy www.new-eyes.org | 800-222-3937 |
| TESH, Inc. www.teshinc.com | |
| CDA | 208-765-5105 |
| Bonniers Ferry | 208-763-7755 |
| Vocational Rehabilitation www.vr.idaho.gov | 208-769-1441 |
| Specialized Needs Recreation www.snridaho.org | 208-755-6781 |
| ID School for the Deaf and the Blind www.iesdb.org | 208-661-9122 |
| Panhandle Special Needs www.panhandlespecialneeds.com | 208-263-7022 |
| Special Olympics of Idaho www.idso.org/idaho | 800-915-6510 |

Domestic Violence & Sexual Assault

Abuse Recovery Ministries 866-262-9284
www.armsonline.org

Advocates for Women 208-448-2800
24 hour hotline 208-290-6529
www.prmafw.org

Boundary County Youth Crisis and
Domestic Violence Hotline 208-267-5211
www.boundarycountyid.org 208-267-7334

Idaho Domestic Violence Hotline 800-669-3176
www.icdv.idaho.gov

Kootenai County Sheriff Dispatch 208-466-1300
www.kcsheriff.com

National Domestic Violence Hotline 800-799-7233
www.thehotline.org

Post Falls Police Victim Service Unit 208-773-3517
www.postfallspolice.com

Safe Passage Violence Prevention Center
www.safepassageid.org 208-664-9303

Vast Domestic Violence and Victim Hotline
www.bonnercounty.us 208-265-3586

Education

Coeur d'Alene School District #271 208-664-8241
Homeless Liaison or call school counselor ext. 1061
www.cdaschools.org

Education Information Center 208-502-0099
www.edinfocentercda.com

Education Plus, Inc. 208-664-6253
www.educationplushealth.com

North Idaho College
www.nic.edu

Head Start 208-666-6755

AEC/GED 208-665-5099

Career and Technical Training 208-769-3448

Center or New Directions 208-769-3445

Workforce Training 208-769-3333

ICARE Program (SVDP) 208-676-1515
www.icareforchildren.org

| | |
|---|--------------|
| Idaho Division of Professional Technical Education www.cte.idaho.gov | 208-334-3216 |
| Inland NW Food Network www.inwfoodnetwork.org | 208-546-9366 |
| Mothers Haven www.mothershaven.com | 208-676-1300 |
| Mountain States Early Head Start www.msehs.org | 208-765-6955 |
| Parent Project - Kootenai County Diversion Program www.parentproject.com | 208-446-1970 |
| Salvation Army Kroc Center www.kroccda.org | 208-667-1865 |
| STCU - Finances & Budgeting Workshops - Workforce Innovation and Opportunity Act www.stcu.org | |
| Kootenai County | 208-457-8789 |
| Bonnars Ferry | 208-267-5581 |
| St. Maries | 208-245-2518 |
| Sandpoint | 208-263-7544 |
| Silver Valley | 208-783-1202 |

Human Rights Education Institute 208-292-2359
www.HREI.org

Employment

Idaho Department of Labor 208-457-8789
www.labor.idaho.gov

Integrated Personnel 208-765-2000
www.itlabor.com

Temporary Hiring Agencies

AES (An Employment Source) 208-777-9045
www.anemploymentsource.com

Hire Quest Direct 208-667-9590
www.hirequest.com

Humanix 208-664-8958
www.humanix.com

People Ready 208-765-7778
www.peopleready.com

Family Services

| | |
|---|------------------------------|
| Bereaved Parents of the USA www.nibereavedparents.org | 208-773-5684 |
| Birthright of Coeur d'Alene Hotline www.birthright.org | 208-664-1390 800-500-4900 |
| Boys & Girls Club Kootenai County www.northidahobgc.org | 208-618-2582 |
| CDA4kids www.cdaschools.org | 208-664-5844 |
| Child Care Resource Center www.panhandlehealthdistrict.org | 208-415-5145 |
| Child Protective Services Kootenai Cty. www.healthandwelfare.idaho.gov | 855-552-5437 |
| Report Abuse 24/7 | 208-769-1515 |
| After Hours | 208-769-1543 |
| Case Manager | 208-769-1517 |
| Child Protective Services Bonner Cty. | 208-265-4523 |
| Children's Village www.thechildrensvillage.org | 208-667-1189 |

DHW Family and Children Services 208-769-1515
www.healthandwelfare.idaho.gov

Family Promise of North Idaho 208-777-4190
www.familypromiseni.org

Family Resource & Training Center 800-745-1186
www.icwrtc.org

Family Support Services of North Idaho, LLC
www.fssofno.com 208-769-4222

Grandparents as Parents Raising Grandchildren
www.211.idaho.gov

Boundary County 208-267-3235
Kootenai County 208-777-9851

Harding Preschool 208-620-2031
www.cdaschools.org

Heritage Health 208-765-2407
www.myheritagehealth.org

Primary 208-620-5250
Family Support Services 208-769-4222
Community (Homeless) Outreach 208-664-8347

| | |
|---|--------------|
| ICARE Program (SVDP) www.icareforchildren.org | 208-676-1515 |
| Idaho Dept. of Health & Welfare www.healthandwelfare.idaho.gov | 877-467-1233 |
| Idaho Drug Free Youth, Inc. www.idahodrugfreeyouth.org | 208-664-4339 |
| Idaho Youth Ranch www.youthranch.org | 208-664-1736 |
| Adoption Services | 208-667-1898 |
| Family Services | 208-667-3340 |
| Idaho's Voice for Life Issues www.righttolifecoeurdalene.org | 208-664-4919 |
| Inland Northwest SIDS Foundation www.inwsids.org | 208-557-4371 |
| Kootenai Health www.kh.org | 208-666-2030 |
| La Leche League www.llusa.org | 208-676-1300 |

| | |
|---|--------------|
| Mother's Haven www.mothershaven.com | 208-676-1300 |
| Mountain States Early Head Start www.msehs.org | 208-765-6955 |
| Open Arms Pregnancy www.realchoicesclinic.com | 208-667-5433 |
| Panhandle Health www.panhandlehealthdistrict.org | |
| Main | 208-415-5100 |
| Clinical Services | 208-415-5270 |
| Environmental Health Services | 208-415-5220 |
| WIC | 208-415-5130 |
| Preparedness | 208-415-5180 |
| Home Health | 208-415-5160 |
| Child Care Resource Center | 208-415-5145 |
| Salvation Army Kroc Center www.kroccda.org | 208-667-1865 |
| St. Vincent de Paul North Idaho www.stvincentdepaulcda.org | 208-664-3095 |

Food Banks

| | |
|--|--------------|
| The Altar www.altarcda.com | 208-664-1453 |
| Calvary Rathdrum Food Bank www.calvaryrathdrum.com | 208-687-3696 |
| Christ the King Lutheran Church www.ctkcda.com | 208-664-9231 |
| Christian Life Fellowship | 208-686-1852 |
| Clark Fork Food Bank | 208-266-0321 |
| Coeur d'Alene Bible Church www.cdabible.org | 208-664-4883 |
| CDA 7th Day Adventist Church www.cdaadventist.org | 208-664-5473 |
| Community Action Partnership www.cap4action.org | |
| Benewah | 208-245-9090 |
| Boundary County Food Bank | 208-267-3663 |
| Kootenai County Food Bank | 208-664-8757 |
| Priest Lake Food Bank | 208-448-2352 |

| | |
|--|--------------|
| Harrison Community Baptist Church www.harrisonbaptist.org | 208-689-3506 |
| Heart of the City Church www.heartofthecitychurch.org | 208-665-7808 |
| Jumping Beans Mobile Food Bank www.jumpinbeans.org | 208-819-9220 |
| Lake City Community Church www.lakecity.church | 208-676-0632 |
| Life Way Chapel www.lifewaychapel.com | 208-773-8556 |
| New Song Bible Church www.newsongbiblechurch.com | 208-265-2553 |
| Pinehurst Real Life Ministries www.rlmsv.com | 208-682-4801 |
| Post Falls Food Bank www.postfallsfoodbank.org | 208-773-0139 |
| Rathdrum Food Bank | 208-687-3696 |

Real Life Ministries 208-777-8600
www.reallifeministries.com 208-777-7325

Seventh Day Adventist Church (Hayden)
www.haydenlakeadventist.org 208-762-5718

Silver Valley Worship Center 208-783-8902
www.wc.church

Spirit Lake Food Bank 208-623-3107

UGM Men's Shelter Spokane 509-535-8510
www.uniongospelmission.org

General Assistance

2-1-1 Idaho Care line 211
Alternate 1-800-926-2588
www.idahocarline.org

Candlelight Church 208-772-7755
www.candlelight.org

Coeur d'Alene Bible Church 208-664-4883
www.cdabible.org

| | |
|--|--------------|
| Community Action Partnership | |
| www.cap4action.org | |
| Benewah | 208-245-9090 |
| Boundary | 208-267-3663 |
| Kootenai | 208-664-8757 |
| Idaho Dept. of Health & Welfare | 877-456-1233 |
| www.healthandwelfare.idaho.gov | |
| Idaho Housing & Finance | 208-762-5113 |
| www.idahohousing.com | |
| Kaleidoscope Community Services | 208-699-2250 |
| www.kaleidoscopecs.org | |
| Kootenai County Assistance | 208-446-1880 |
| www.kcgov.us | |
| New Life Community Church | 208-687-3606 |
| www.newlifehayden.com | |
| River Church | 208-691-8334 |
| www.theriverchurchag.com | |
| Social Security Office | 800-772-1213 |
| www.ssa.gov | 866-931-2523 |

| | |
|---|-------------------------|
| St. Pius X Catholic Church www.stpiuscda.org | 208-765-5108 Ext. 12 |
|---|-------------------------|

Healthcare

| | |
|--|--------------|
| Benewah Medical Center www.bchmed.org | 208-686-5133 |
|--|--------------|

| | |
|--|------------------------------|
| Benewah Community Hospital www.bchmed.org | 208-245-5551 208-245-2591 |
|--|------------------------------|

| | |
|---|--------------|
| Bonner Partners in Care www.bonnerpartnersincareclinic.org | 208-255-9099 |
|---|--------------|

| | |
|------------------------------------|--------------|
| CDA Pediatrics www.cdapedes.com | 208-667-0585 |
|------------------------------------|--------------|

| | |
|-------------------------|--------------|
| Eating Disorder Hotline | 800-931-2237 |
|-------------------------|--------------|

| | |
|---|--------------|
| Epilepsy Foundation of Idaho www.epilepsyidaho.org | 208-334-4340 |
|---|--------------|

| | |
|--|--------------|
| Healthy Connections https://healthandwelfare.idaho.gov/ Medical/Medicaid/HealthyConnections/ tabid/216/Default.aspx | 208-666-6766 |
|--|--------------|

| | |
|---|--------------|
| Heritage Health www.myheritagehealth.org | |
| Coeur d'Alene | 208-292-0697 |
| Homeless Outreach | 208-819-5070 |
| Kellogg & Mullan | 208-783-1267 |
| Post Falls | 208-618-0787 |
| Rathdrum | 208-687-5627 |
| Mobile Clinic | 208-292-0303 |
| Idaho Dept. of Health & Welfare www.healthandwelfare.idaho.gov | 877-467-1233 |
| Kootenai County Assistance www.kcgov.us | 208-466-1880 |
| Kootenai Urgent Care www.kootenaiurgentcare.com | |
| Coeur d'Alene | 208-676-1852 |
| Hayden | 208-772-9110 |
| Post Falls | 208-777-9110 |
| Lakeside Holistic Health, PLLC. www.lakesideholistic.com | 208-758-0568 |
| Lakeside Pediatrics www.lakesidepeds.net | 208-292-5437 |

| | |
|--|------------------------------|
| Medicine Man Pharmacy www.medmanpharmacy.com | 208-773-3566 |
| North Idaho Aids Coalition www.northidahoaidscoalition.org | 208-665-1448 |
| North Idaho Health Network | 208-666-3212 |
| Panhandle Health www.panhandlehealthdistrict.org | |
| Main | 208-415-5100 |
| Clinical Services | 208-415-5270 |
| Environmental Health Services | 208-415-5220 |
| WIC | 208-415-5130 |
| Preparedness | 208-415-5180 |
| Home Health | 208-415-5160 |
| Child Care Resource Center | 208-415-5145 |
| Rathdrum Clinic www.rathdrumclinic.com | 208-687-5627 |
| SHIBA of Idaho (Medicare Info) www.doi.idaho.gov/SHIBA | 208-666-6847 800-488-5725 |
| Shoshone Community Health Clinic www.sbtchc.org | 208-752-4145 |

| | |
|---|------------------------------|
| Shriners Hospital for Children www.shrinershospitalforchildren.org | 509-455-7844 |
| Social Security Office www.ssa.gov | 800-772-1213 866-931-2523 |
| Spoelstra Family Clinic www.cdahealth.com | 208-667-7434 |

Dental

| | |
|---|------------------------------|
| Coeur d'Alene Dental Center www.cdadentist.com | 208-667-7461 |
| Heritage Health Coeur d'Alene www.myheritagehealth.org | 208-620-5250 |
| Wallace Mobile Clinic | 208-292-0697 208-292-0303 |
| Idaho Joint Military Families www.imd.idaho.gov/idaho-national-guard/family-programs | 208-272-7532 |
| Little Smiles Pediatric Dentistry www.littlesmilesdental.com | 208-777-9331 |

| | |
|--|--------------|
| Panhandle Health | |
| www.panhandlehealthdistrict.org | |
| Main | 208-415-5100 |
| Clinical Services | 208-415-5270 |
| Environmental Health Services | 208-415-5220 |
| WIC | 208-415-5130 |
| Preparedness | 208-415-5180 |
| Home Health | 208-415-5160 |
| Child Care Resource Center | 208-415-5145 |

Housing

| | |
|--|--------------|
| Anthem Friends Church | 208-772-7544 |
| www.anthemcda.com | |
| Bonner Community Housing Agency | 208-263-5270 |
| www.bonnercommunityhousing.org | |
| Bonner Gospel Mission | 208-263-6698 |
| www.bonnergospelmission.org | |
| Freedom House Sandpoint | 208-290-5857 |
| www.freedomhousehope.org | |
| Habitat for Humanity of N. Idaho | 208-762-4663 |
| www.northidahohabitat.org | |

Harmony House Assisted Living 208-762-9856
www.harmonyhousealf.com

Idaho Housing & Finance - Coeur d'Alene
www.idahohousing.com 208-762-5113

Idaho Housing & Finance Statewide 866-432-4066
www.idahohousing.com

Priest River Ministries 208-448-2800
24/7 Helpline 208-290-6529
www.prmafw.org

Silver Valley Fuller Center for Housing
www.svfch.org 208-786-6013

St. Vincent de Paul North Idaho 208-664-3095
www.stvincentdepaulcda.org

Transition in Progress (TIPS) 208-265-2952
www.transitionsinprogress.org

Trinity Group Homes (SVDP) 208-667-9607
www.stvincentdepaulcda.org

Legal

Court Assistance Pgm. Kootenai Cty 208-446-9420
www.kcgov.us/923/Court-Assistance-Office

ID Joint Military Family Programs 208-272-7532
www.imd.idaho.gov/idaho-national-guard/family-programs

Idaho Legal Aid 208-667-9559
www.idaholegalaid.org 866-345-0106

Idaho State Bar Lawyer Referrals 208-334-4500
www.isb.idaho.gov/lawyer-referral-service

Idaho Volunteer Lawyers 800-221-3295
www.isb.idaho.gov/ilf/ivlp

Kootenai Cty. District Court 208-446-1160
www.kcgov.us/252

Safe Passages Violence Prevention Center
www.safepassgaeid.org 208-664-9303

Meal Sites

Athol 7th Day Adventist 208-683-3672
www.atholadventist.org
Tuesday 10:30 am - 1:30 pm

Cherished Ones Ministries 208-704-0908
www.211idaho.communityos.org/zf/profile/agency/id/458540
Sat. 2:30 pm - 6:00 pm Sun. 9:00 am - 11:00 pm

First Presbyterian Church Downtown 208-667-8446
www.1stpresdowntown.org
Thursday 11:30 am - 12:30 pm

Lutheran Church of the Master 208-765-1002
www.lcmcdca.org
Sunday 1:30 pm - 2:30 pm

St. Thomas Catholic Church 208-664-4327
www.stthomascda.org
Tuesday 4:30 pm - 5:30 pm

St. Vincent de Paul North Idaho 208-664-3095
Father Bills Kitchen
www.stvincentdepaulcda.org
Monday-Friday 5:00 pm - 6:30 pm

| | |
|--|--------------|
| St. Pius X Catholic Church www.stpiuscda.org Friday 4:30-5:30 | 208-765-5108 |
| Heart of the City Church www.theheartcda.com Thursday 4:30-5:30 | 208-665-7808 |
| Hayden 7th Day Adventist Church www.haydenlakeadventist.org Tuesday 12:30-2:00 | 208-762-5718 |
| St. George Catholic Church www.st-george.org/70 Thursday 4:00-5:30 | 208-773-4715 |
| River of Life Friends Church www.riveroflifefriends.com Saturday 6:00-8:00 | 208-773-5014 |
| One Place Church www.oneplacechurch.com Sunday 9:00-10:00 | 208-660-4078 |

Mental Health

Region One Adult Mental Health 208-769-1406
Mobile Response Team 208-769-1406
[www.healthandwelfare.idaho.gov/
ContactUs/Region1/tabid/225/Default.aspx](http://www.healthandwelfare.idaho.gov/ContactUs/Region1/tabid/225/Default.aspx)

Ambitions of Idaho 208-930-1740
www.ambitionsofidoaho.org/cda

Depression & Bipolar Support Alliance
www.dbsalliance.org 800-826-3632

Genesis Associates Inc. 208-664-1606
[www.wellness.com/dir/3173759/
counselor/id/coeur-d-alene/genesis-associates](http://www.wellness.com/dir/3173759/counselor/id/coeur-d-alene/genesis-associates)

Heritage Health Behavioral Health 208-620-5210
CDA Alternate # 208-620-5250
www.myheritagehealth.org

Highroad Human Services 208-772-3116
www.highroadhumanservices.com

Idaho Dept. of Health & Welfare 877-467-1233
www.healthandwelfare.idaho.gov

Idaho Federation of Families 208-443-8845
www.idahofederation.org

ID Joint Military Family Programs 208-272-7532
www.imd.idaho.gov/idaho-national-guard/family-programs

Imagine Behavioral and Developmental Services 208-762-1250
www.imaginebehavior.com

Kootenai Behavioral Health 208-625-4800

Kootenai Clinic Psychiatry 208-625-4888
www.kh.org

North Alliance on Mental Illness (NAMI CDA)
www.cdanami.org 208-691-9674

North Alliance on Mental Illness (NAMI Far North) Sandpoint 208-597-2047
www.nami.org

National Eating Disorder Association 800-931-2237
www.nationaleatingdisorders.org

North Idaho Behavioral Health 208-265-6798
www.nicmh.com

North Idaho Crisis Center 208-625-4884
www.nicrisiscenter.org

Overeaters Anonymous 208-818-1039
www.aa.org

Panhandle Autism Society 208-664-4133
www.panhandleautismsociety.com

Panhandle Health
www.panhandlehealthdistrict.org
Main 208-415-5100
Clinical Services 208-415-5270
WIC 208-415-5130
Preparedness 208-415-5180
Home Health 208-415-5160

Senior Services

Aging Better in Home Care 208-777-0308
www.aagingbetter.com

Alzheimer's Association 208-666-2996
www.alz.org

| | |
|--|--------------|
| Area Agency on Aging www.aaani.org | 208-667-3179 |
| Blanchard Area Seniors, Inc. www.blanchardidaho.net | 208-437-1037 |
| Clark Fork Hope Area Senior Services | 208-266-1653 |
| Coeur d'Alene Tribe Senior Center | 208-686-3013 |
| Coeur d'Alene Tribe Older Americans Program www.cdatribe-nsn.gov | 208-686-1800 |
| Comfort Keepers www.comfortkeepers.com | 208-765-9511 |
| Country Comfort | 208-664-2272 |
| Dearmond Consumer Health Library www.librarytechnology.org | 208-666-2480 |
| Elder Advocates, Inc. www.ohwy.com/id/q/q0258691.htm | 208-610-4971 |
| East Benewah Council for Aging | 208-245-3546 |

| | |
|---|--------------|
| Elderhelp of North Idaho www.elderhelpofnorthidaho.org | 208-661-8870 |
| Harrison Senior Citizens Center www.seniorcenter.us/sc/harrison_senior_citizens_center_harrison_id | 208-689-3557 |
| Hayden Senior Gems www.haydengems.org | 208-762-7052 |
| Home Helpers & Direct Link www.homehelpers.com | 208-769-9560 |
| Hospice of North Idaho www.honi.org | 208-772-7994 |
| Jewett House www.cdaid.org | 208-667-5194 |
| Kellogg Senior Center | 208-783-4581 |
| Kootenai Health Senior Care Program | 208-625-5353 |
| Lake City Center www.lakecitycenter.org | 208-667-4628 |

Kootenai Medical Center Lifeline 208-666-2934
www.kh.org

North Idaho Home Health 208-667-7494
www.nihomehealth.com

Onsite for Seniors 208-664-3301
www.onsite4seniors.org

Panhandle Health
www.panhandlehealthdistrict.org

Main 208-415-5100

Clinical Services 208-415-5270

Environmental Health Services 208-415-5220

WIC 208-415-5130

Preparedness 208-415-5180

Home Health 208-415-5160

Post Falls Senior Center 208-773-9582
www.postfallsseniorcenter.org

Rathdrum Senior Center 208-687-2028

Sagle Senior Citizens, Inc. 208-265-2627

Sandpoint Senior Center 208-263-6860
www.sandpointseniorcenter.org

Senior Companion Program 208-415-5160
www.seniorcompanionsidaho.org

Senior Health Insurance Benefit Advisors (SHIBA)
www.doi.idaho.gov

Main 208-666-6847
Alternate 800-488-5725

Seniors Hospitality Center, Inc. 208-267-5553
www.seniorshospitalitycenter.com

Spirit Lake Senior Center 208-623-6125

Valley Vista Care Corporation 208-265-4514
www.valleyvista.org

Senior Meal Sites

Benewah County

Coeur d'Alene Tribe Senior Center 208-686-3013
Monday thru Thursday 12:00 pm

East Benewah Council for Aging 208-245-3546
Monday, Wednesday, Friday 12:00 pm

Fernwood Senior Center 208-245-3392
Monday and Thursday 12:00 pm

Plummer Senior Center 208-686-1863
Tuesday and Friday 12:00 pm

Worley Senior & Community Center 208-686-1258
Tuesday through Thursday 12:00 pm

Bonner County

Blanchard Area Seniors 208-437-2788
Monday Breakfast

Clark Fork Hope Area Seniors 208-266-1653
Wednesday and Friday 11:30 am

Sandpoint Area Seniors, Inc. 208-263-6860
Monday thru Thursday 11:30 am Friday 8:30 am

Boundary County

Seniors Hospitality 208-267-5553
Monday, Tuesday, Wednesday, and Friday 12:00 pm

Kootenai County

Hayden Senior Gems 208-762-7052
Tuesday and Thursday 12:00 pm

Lake City Center 208-667-4628
Monday, Tuesday, Wednesday and Friday 12:00 pm

Post Falls Senior Center 208-773-9582
Monday, Wednesday and Friday 12:00 pm

Rathdrum Senior Citizens 208-687-2028
Tuesday and Thursday 12:00 pm

Spirit Lake Seniors 208-623-6125
Monday and Wednesday 5:30 pm

Shoshone County

Kellogg 208-752-1194
Wednesday 12:00 pm

Mullan 208-752-1194
Wednesday 12:00 pm

Osburn 208-752-1194
Monday 12:00 pm

Pinehurst 208-752-1194
Friday 12:00 pm

Rose Lake 208-752-1194
Tuesday 12:00 pm

Silver Valley 208-752-1194
Tuesday 12:00 pm

Wallace 208-752-1194
Thursday 12:00 pm

Shelters

Women & Children

Freedom House Sandpoint 208-290-5857
www.freedomhousehope.org

Priest River Ministries 208-448-2800
www.prmaw.org 208-290-6529

St. Vincent de Paul North Idaho 208-664-3095
www.stvincentdepaulcda.org

Union Gospel Mission 208-665-4673
www.uniongospelmission.org

Men's Shelters

Bonner Gospel Mission 208-263-6698
www.bonnergospelmission.org

Freedom House Sandpoint 208-290-5857
www.freedomhousehope.org

St. Vincent de Paul North Idaho 208-664-3095
www.stvincentdepaulcda.org

Union Gospel Mission 509-535-8510
www.uniongospelmission.org

Family Shelter

Family Promise 208-777-4190
www.familypromiseni.org

Domestic Violence

Post Falls O.A.S.I.S 208-773-1080
www.postfallspolice.com

Safe Passage 208-664-9303
www.safepassageid.org

Substance Abuse

Al-Anon 208-676-0549
www.al-anon-idaho.org 877-625-2666

| | |
|---|--------------|
| Alcoholics Anonymous www.aa.org | 208-667-4633 |
| Amend Center www.wellness.com | 208-665-2432 |
| Genesis Change Groups www.genesisprocess.org | 208-773-4947 |
| Good Samaritan Rehabilitation, Inc. www.goodsamrehabilitation.org | 208-664-1453 |
| Heart of the City Church www.heartofthecitychurch.org | 208-665-7808 |
| Idaho Dept. of Health & Welfare www.healthandwelfare.idaho.gov | 877-467-1233 |
| Idaho Drug Free Youth www.idahodrugfreeyouth.org | 208-664-4339 |
| Idaho Meth Project www.idaho.methproject.org | 888-331-2060 |
| Idaho Youth Ranch Family Services www.youthranch.org | 208-667-3340 |

| | |
|--|--------------|
| Kootenai Behavioral Health www.kh.org/behavioral-health | 208-625-4800 |
| Kootenai Clinic Psychiatry www.kh.org | 208-625-4888 |
| Kootenai County Substance Abuse Council, Inc. www.kcsac.net | 208-664-3531 |
| Lake City Community Church www.lakecity.church | 208-676-0632 |
| Narcotics Anonymous www.na.org | 208-699-2175 |
| Restored Paths (Heritage Health) www.restoredpaths.com/home | 208-664-8347 |
| Sandpoint Church of God www.sandpointchurchofgod.org | 208-263-6629 |
| Substance Abuse Hotline | 800-662-4357 |
| Union Gospel Mission for Women and Children www.uniongospelmission.org | 208-665-4673 |

Working Solutions Goodwill 208-765-6529
www.goodwillworks.org/WorkingSolutions

Suicide

Idaho Suicide Prevention Hotline 800-273-8255

National Suicide Hotline 800-784-2433

North Idaho Crisis Center 208-625-4884
www.nicrisiscenter.org

Region 1 Mental Health 888-769-1405
www.regionone.org 208-769-1406

Suicide Prevention Action Network 800-290-6161

Suicide Prevention Action Network 208-290-6161
North Idaho
www.spanidhao.org

Suicide Prevention Lifeline 800-273-7255
www.panhandlehealthdistrict.org/suicide-prevention

Crisis Text Line 741741

Transportation

| | |
|---|------------------------------|
| Citylink Paratransit (Medical) www.idahocitylink.com | 877-941-7433 |
| Citylink Transit www.idahocitylink.com | 877-941-7433 |
| Greyhound Bus www.greyhound.com | 800-231-2222 208-664-3343 |
| Lake City Transportation www.id.medicalhomeportal.org | 208-664-1501 |
| Lighthouse Transport (Bonner) | 877-503-1261 |
| White Tail Transportation www.whitetailtransportation.com | 877-430-7433 |

Tribal

| | |
|---|------------------------------|
| CDA Tribal Police www.cdatribe-nsn.gov | 208-686-2099 208-446-1855 |
| Coeur d'Alene Tribe www.cdatribe-nsn.gov | 208-686-1800 |

Early Childhood Learning Ctr. 208-686-6507
www.cdatribe-nsn.gov

Marimn Clinic 208-686-1931
www.marimnhealth.org

Veterans

Coeur d'Alene Community-Based
Out Patient Clinic (CBOC) 208-665-1700
www.spokane.va.gov

Department of Labor Veteran Assistance
www.dol.gov 208-457-8789

Family Advocacy Program 509-481-9025
www.armymwr.com

Guardian Foundation 208-449-1210
www.theguardiansfoundation.org

Idaho Joint Military Family Programs 208-272-7532
www.imd.idaho.gov

Inland NW Disabled Veterans Sports Association
www.indvsa.org 509-496-0143

| | |
|---|--------------|
| Kootenai County Veterans Services | 208-446-1090 |
| https://www.kcgov.us/533/Veterans-Services | |
| Medical Transport Needs | 800-325-7940 |
| www.kcgov.us | |
| | |
| Newby-Ginnings of North Idaho | 208-610-6996 |
| www.newby-ginnings.org | |
| | |
| Post Falls American Legion Post 143 | 208-773-9054 |
| www.postfallspost143.org | |
| | |
| Shoshone Veterans Service | 208-752-3331 |
| www.shoshonecounty.org | |
| | |
| St. Vincent de Paul North Idaho Veteran's Program | 208-664-3095 |
| www.stvincentdepaulcdca.org | |

This publication made possible through
collaboration with our community
partners



ST. THOMAS THE APOSTLE

Directory Proudly Sponsored by St. Vincent de Paul North Idaho



Primary Area Covered



Special Thanks to Allegra Printing

